

“My husband knows he has problems with words, but coming to the cafe has helped him to join in conversation and laugh and joke with people.”

“Dad had lost his sense of humour, but going to the cafe, this has returned and he’s become quite cheeky! He enjoys talking a lot more too.”

Sunflower Cafe

For people living with dementia, their carers, family and friends

Free refreshments and activities

“Best couple of hours I’ve had for ages”

“I can’t thank you enough, it makes such a difference to my dad”

At the Old School

London Road Odiham RG29 1AJ

Wednesdays 2pm-4pm

“Everyone is so friendly, and the games are fun, so we laugh a lot”

“Coming to the cafe gives my partner a sense of purpose and is the highlight of the week”

“It’s good to see my wife reading and talking with the helpers while I play table-tennis”

**For more information, please contact:
coordinatorsunflowercafe@yahoo.com**



We Support
Dementia Friends
An Alzheimer's Society initiative

Mothers' UNION
Christian care for families

vine CHURCH
Together for Christ and the World