



# NEWSLETTER

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## Odiham and Old Basing Health Centres

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**Spring is about new beginnings.** This season often makes us think about making changes in our life, whether it be a new path, a new hobby or a lifestyle change and say goodbye to old habits or problems. This edition includes all the latest practice news, a 10 mile run (!) and NHS campaigns.

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### Changes & New Starters

We are excited to welcome a new GP to the practice, Dr Sarah Leaver. Dr Leaver brings a wealth of experience with a particular interest in women's health and minor surgery. We've also been busy expanding our reception, nursing and phlebotomy teams!

After over twenty years loyal service to the practice, sadly Dr Raffi Assadourian our Senior Partner, has decided the time has come for him to slow down. He will be stepping down from the practice to explore different opportunities. We shall all miss him greatly and wish him every success in his future endeavours.

Dr Juliette Williams is returning as a Partner! Dr Williams will be re-joining the practice from April and we're delighted to have her back on board.

Further to the recent departure of our Practice Manager we have restructured and formed a Senior Management Team. The team is formed of three individuals, Amy, Nicky and Samantha. All recruited internally, we are really pleased to have formulated a solid management team with such expertise and experience.

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**Will You Be There?** We will! Come and find us at the Old Basing and Lychpit Village Show on Sunday 3rd September and the Odiham All Saint's Church Summer Fete on Saturday 9th September, pop it in the diary and we'll see you there!

## Norovirus on the rise

Laboratory reports of norovirus are increasing with cases in the over 65s being over 30% higher than the pre-pandemic average. If you are unwell with diarrhoea and vomiting do not visit vulnerable people until 48 hours after symptoms stop.

For most, norovirus is an unpleasant, short-lived illness – but for some, it can be more severe.



Help stop norovirus spreading by washing your hands with soap & warm water regularly especially after using the toilet or an episode of illness and before eating or preparing food, this is vital to try and prevent the spread of norovirus.

## Practice Figures - December-February

**Based on current list size of 12,461.**

**383** did not attend (DNA) their appointment. If you are unable to attend your appointment, please, please CANCEL. Use your NHS app, call us, email us, just get in touch so we can give that time to a patient who needs it.



Face to Face apts 6,439\*



Routine telephone apts  
4,806



Urgent same day triaged telephone  
apts 4,420



eConsults 1,391



Home Visits 252



DNA 383

\*Face to face appointments include GP, Nurse or other Clinician

## Local GP and Paramedic to run 10 mile race to raise funds for Health Centre

ECG machines are important to help the medical team diagnose or exclude problems with patients hearts. Since the current machine failed, patients who need an ECG travel to Odiham which can be inconvenient and at times, impossible.

Practice Partner, Dr Jessica Pizzotti, along with popular Paramedic Jason Rausch will be **running the 10-mile Hook Road race on 21st May** to raise money for the much-needed machine.



## ECG Machine Urgently Needed For Patients at Old Basing

Show your support to these NHS heroes and come along and cheer them along! More details can be found at [www.hookfunrun.com](http://www.hookfunrun.com)

If you'd like to make a donation a page has been set up at: [www.justgiving.com/crowdfunding/oldbasinghealthcentreneedsecg](http://www.justgiving.com/crowdfunding/oldbasinghealthcentreneedsecg)

## Vast majority of patients report positive GP experience despite soaring pressure



GPonline recently reported that more than nine in 10 patients in every region of England had a positive experience of their GP practice last November despite record pressure, friends and family test results for general practice show.

We continue to receive plenty of positive feedback from our patients, our recent Friends and Family survey showed **95% of our patients would recommend us**. We really value your feedback in such difficult times, so thank you to all of you who have taken the time to reach out to us. It is reassuring to know that many of you are still appreciating what we are doing for you and how hard we are working.



### Group of the month! The Sunflower Cafe



A relaxed and friendly group for people living with dementia and their carers. Refreshments available and everything is free; games, music, books, photos, table games and puzzles. Every Wednesday 2-4pm at The Old School. London Rd, Odiham RG291AJ. Just turn up or email [coordinatorsunflowercafe@yahoo.com](mailto:coordinatorsunflowercafe@yahoo.com)